

## MFSP Mental Health Services Framework Overview

Service Level	Brief Service Level Description	Service Level Program Examples
<p><b>OUTREACH AND ENGAGEMENT SERVICES</b> <i>Staff Promoting Services and Leveraging Partnerships</i></p>	<p>Raising awareness of existing mental health services, and collaborating with others through formal and informal networks</p>	<ul style="list-style-type: none"> <li>Visit your <a href="#">MFRC</a> to learn more about local mental health related programs.</li> </ul>
<p><b>PEER SUPPORT SERVICES</b> <i>People Helping People</i></p>	<p>Connecting people that share experiences to support recovery</p>	<ul style="list-style-type: none"> <li>Visit your <a href="#">MFRC</a> to learn more about local mental health related programs.</li> </ul>
<p><b>PSYCHOEDUCATIONAL SERVICES</b> <i>Professionals Teaching People</i></p>	<p>Focusing on prevention and personal growth through education to maintain and improve autonomy, recovery, health and social functioning</p>	<ul style="list-style-type: none"> <li>Visit your <a href="#">MFRC</a> to learn more about local mental health related programs.</li> </ul>
<p><b>PSYCHOSOCIAL SERVICES</b> <i>Registered Professionals Helping People</i></p>	<p>Short-term counselling, support and intervention using recognized evidence-based clinical approaches for issues related to adjustment, workplace difficulties, relationship, couple, family or crisis situations</p>	<ul style="list-style-type: none"> <li>Visit your <a href="#">MFRC</a> to learn more about local mental health related programs.</li> </ul>
<p><b>MENTAL HEALTH TREATMENT SERVICES</b> <i>Professionals Providing Medical Treatment to People</i></p>	<p>Psychological treatment for a mental health condition involving a formal assessment and diagnosis, involvement of a physician and multidisciplinary care through structured specialized services using recognized evidence-based approaches delivered by registered clinicians and psychotherapists</p>	<ul style="list-style-type: none"> <li>Visit your <a href="#">MFRC</a> to learn more about local mental health related programs.</li> </ul>