

## CHAPTER 23 - VOLLEYBALL

### 1. TEAM COMPOSITION

- 1.1. A team shall be composed of a minimum of eight (8) participants and a maximum of eleven (11) participants. One (1) additional spot may be awarded to teams with a qualified coach to a maximum of twelve (12) participants.
- 1.2. During the match, one (1) player may be designated as a libero and they can act as a team captain at the beginning of the match; if they leave the court, an acting court captain must be allocated.
- 1.3. Each base (for regionals) or region (for nationals) may enter one (1) Men's and one (1) Women's volleyball team in the CAF Volleyball Championship. The regional team shall be the team declared champion at the CAF Regional Championship.
- 1.4. The regional team may augment two (2) players from another B/W/U within the region who have the approval of their Commanding Officer.

## 2. OFFICIALS

2.1. Minor and/or officials that are not officiating will assist as line judges, scorekeepers, and/or timekeepers throughout the championship as required by the host base.

### 3. RULES

3.1. Play shall be conducted in accordance with the current rules of the <u>Volleyball Canada</u> Rulebook and in accordance with the CAF Sports Championships Operations Manual.

#### 4. SUSPENSIONS

4.1. The minimum suspensions listed below will be applied when the following infractions occur during a Championship;

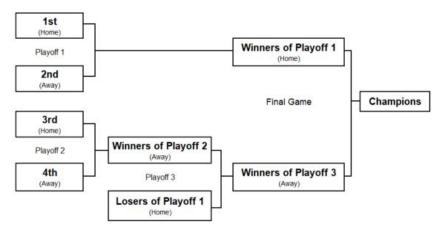
Rule	<u>Description</u>	Minimum of	
21.3.1	Rude Conduct - Action contrary to	1st offence – as per Volleyball Canada Rulebook	
	good manners or moral principles	2 <sup>nd</sup> offence – Expulsion (stay in penalty area for rest of set)	
		3 <sup>rd</sup> offence – DQ (depart competition area for the remainder	
		of the match)	
21.3.2	Offensive Conduct - Defamatory or	1st offence – Expulsion (stay in penalty area for rest of set)	
	insulting words or gestures or any	2 <sup>nd</sup> offence - DQ (depart competition area for the remainder	
	action expressing contempt.	of the match)	
		3 <sup>rd</sup> offence - indefinite	
21.3.3	Aggression - Actual physical attack	1 <sup>st</sup> offence - DQ (depart competition area for the remainder	
	or aggressive or threatening	of the match)	
	behaviour.	2 <sup>nd</sup> offence - Indefinite	

4.2. Reference Chapter 5 – Suspensions, for infractions that may be applied to any sport.

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### 5. CHAMPIONSHIP FORMAT

- 5.1. There will be a twenty-five (25) minute warm-up prior to each game, including hitting warm-up for both teams.
  - a. Captains will be called thirteen (13) minutes before the start of the match to take the coin toss.
  - b. The first five (5) minutes of hitting will be awarded to the serving team. The second five (5) minutes will be awarded to the receiving team.
  - c. Three (3) minutes will be allowed to prepare and line up the starting players on the court.
- 5.2. Teams will be permitted two (2) x 60 second time-outs per set.
- 5.3. The CAF Championships shall be conducted as a single round-robin tournament, followed by a single elimination playoff. All matches will be rally point play. Round robin matches will consist of the best two (2) out of three (3) sets. The final team standings from the round-robin will determine play in the playoff. Points will be awarded as follows during round-robin play;
  - a. Two (2) points for a match win; and
  - b. Zero (0) points for a match loss.
- 5.4. All matches in the playoffs and finals will consist of the best three (3) of five (5) sets.
- 5.5. Upon completion of the round-robin, three (3) play-off matches will be played. Playoff one (1) will consist of the first (1<sup>st</sup>) place team vs the second (2<sup>nd</sup>) place team with the winning team advancing to the directly to the final match (home). Playoff two (2) will consist of the third (3<sup>rd</sup>) place team vs the fourth (4<sup>th</sup>) place team. Playoff three (3) will consist of the winner of playoff two (2) (away) vs the losers of playoff one (1) (home). The winners of the playoff one (1) and the winners of playoff three (3) will advance to the final match.



### TIE-BREAKING PROCEDURES

- 6.1. Ties in the-round-robin standings that affect advancement to the playoffs shall be broken as follows. If two (2) or more teams are tied;
  - a. The teams having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher;

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- b. If a tie still remains, the team having the best ratio of won/lost <u>sets</u>, considering all matches between the tied teams, will be ranked higher;
- c. If a tie still remains, the team having the best ratio of won/lost sets, considering all matches of the round, will be ranked higher;
- d. If a tie still remains, the team having the best ratio of points for/against, considering sets played between the tied teams, will be ranked higher;
- e. If a tie still remains, the team having the best ratio of points for/against, considering all sets played during the round-robin, will be ranked higher;
- f. If a tie still remains, the jury of appeal in consultation with the chief official shall determine the most appropriate method of breaking the tie (i.e. extra set, toss of coin, etc.
- 6.2. When applying the tie-breaking procedure, the organizing committee shall employ the following;
  - a. When two (2) teams are tied, the tie-breaking procedure is applied one after the other until the tie has been broken; and
  - b. When three (3) or more teams are tied, the tie-breaking procedure is applied one after the other until all the tied teams have been ranked.

**NOTE:** This means that if there is a tie among teams X, Y and Z and criteria "<u>6.1.b.</u>." is able to determine X as first, Y as second and Z as third, then no further criteria are to be used. The tie is broken.

However, if criteria "<u>6.1.b</u>." determines the seeding/ranking of any of the tied teams, then the remaining teams which are still tied will use criteria '<u>6.1.c'</u> and so on to determine their seeding/ranking. Do not start at '<u>6.1.a</u>.' again. Continue through the sequence of criteria using the results of teams x, y, and z for criteria '<u>6.1.d'</u>.

# 7. EQUIPMENT

- 7.1. The official ball of the championship shall be the Mikasa; MVA 200 or V200W.
- 7.2. All members must wear the following equipment listed in the table below:

MANDATORY	RECOMMENDED				
Players					
<ul> <li>Jerseys and shorts, where the colour and the design of jerseys and shorts will be uniform for the team (except the libero)</li> </ul>	<ul><li>Semi-rigid ankle brace; and</li><li>Knee pads.</li></ul>				

### INJURY PREVENTION

8.1. It is important that injury prevention strategies are reviewed by all members of the team, coaches, officials, athletic trainers and organizers. Please refer to <a href="#">Chapter 6</a>, for further injury prevention.

#### 9. AWARDS

9.1. At the end of each National Championship game, the Jury of Appeal will select two (2) game MVP's, one (1) from each team.

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- 9.2. The winning teams, in both the Men's and Women's competition shall be awarded a banner and trophy. Individual medals shall be presented to the members of the winning and runner-up teams.
- 9.3. At the end of the Championships, the Jury of Appeal will select a Tournament MVP for each of the Men and Women championship.
- 9.4. At the end of the National Championships, each team will select a Team MVP, for each of the Men and Women Championship.
- 9.5. At the end of the National Championships, each team, men and women, will nominate a player that has exhibited the highest level of sportsmanship including ethical & responsible behaviour, fair play, integrity and respect combined with a high standard of playing ability. The Jury of Appeal and/or Chief Official will select the recipients based on the nominations brought forward.
- 9.6. See awards breakdown in the table below;

Awards / Recognition	Quantity	<u>Nationals</u>	<u>Regionals</u>
Trophy	2	✓	TBD by regional constitution
Championship	2	✓	TBD by regional constitution
Banner			
Gold Medals	24	✓	<b>✓</b>
Silver Medals	24	✓	✓
Tournament MVP	2	✓	✓
Team MVP	8	✓	n/a
Game MVP	2 / game	✓	TBD by regional constitution
Sportsmanship	2	✓	TBD by regional constitution
Officials	10	✓	TBD by regional constitution
Trainers	3-4	✓	TBD by regional constitution
Jury of Appeal	6	✓	TBD by regional constitution
VIP's / Patrons	1	✓	TBD by regional constitution

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